Type 1 Diabetes: Often diagnosed in childhood, not associated with excess body weight, often associated with higher than normal ketone levels. Treated with insulin injections or insulin pump. Cannot be controlled without taking insulin.

Type 2 Diabetes: Usually diagnosed in over 30 year olds, often associated with excess body weight, often associated with high blood pressure and cholesterol levels. Is usually treated initially without medication or with tablets. Sometimes possible to come off diabetes medication.