10/05/16	18:34	5.3	
10/05/16	19:06	3.6	Had approx 18g carbs (orange juice)
10/05/16	19:30	4.4	
10/05/16	20:39	3.4	18g carbs (orange juice) and 37g bread, no bolus given
10/05/16	21:30	6.7	
10/05/16	22:16	7.8	Had 19g carbs but no bolus, was a bit nervous to give pre-bed
11/05/16	02:31	12.0	Woke up to check BG, gave correction bolus at this stage
11/05/16	06:16	5.9	Had breakfast 26g carbs and 2.0 bolus
11/05/16	07:09	3.3	90ml lucozade
11/05/16	08:11	5.6	