

Date	Time	Concentration	Preferred Glucos	Measured	Notes
3/8/18	03:00	6.5	mmol/L	Fasting glucose	
3/7/18	02:35	6.5	mmol/L	Fasting glucose	
3/6/18	03:00	6.3	mmol/L	Fasting glucose	
3/5/18	03:35	7.3	mmol/L	Fasting glucose	
3/4/18	09:36	8.3	mmol/L	Fasting glucose	
3/3/18	04:02	7.3	mmol/L	Fasting glucose	
2/28/18	02:45	6.4	mmol/L	Fasting glucose	
2/26/18	03:35	6.3	mmol/L	Fasting glucose	
2/25/18	02:45	5.9	mmol/L	Fasting glucose	
2/23/18	02:45	6.8	mmol/L	Fasting glucose	
2/21/18	03:15	6.5	mmol/L	Fasting glucose	
2/20/18	07:30	9.2	mmol/L	Fasting glucose	
2/18/18	08:00	7.8	mmol/L	Fasting glucose	
2/17/18	07:25	7.4	mmol/L	Fasting glucose	
2/16/18	20:27	6.8	mmol/L	Fasting glucose	
2/14/18	07:20	7.7	mmol/L	Fasting glucose	
2/13/18	09:29	6.4	mmol/L	Fasting glucose	
2/12/18	11:30	7.9	mmol/L	Fasting glucose	
2/11/18	04:45	7.9	mmol/L	Fasting glucose	
2/9/18	03:46	6.2	mmol/L	Fasting glucose	
2/8/18	10:14	6.4	mmol/L	Fasting glucose	
2/6/18	04:00	5.9	mmol/L	Fasting glucose	
2/4/18	10:19	7	mmol/L	Fasting glucose	
2/3/18	09:48	7.3	mmol/L	Fasting glucose	
2/1/18	10:27	7.6	mmol/L	Fasting glucose	
1/30/18	06:49	8.1	mmol/L	Fasting glucose	
1/29/18	05:58	7.3	mmol/L	Fasting glucose	
1/25/18	07:50	6.9	mmol/L	Fasting glucose	
1/23/18	08:49	7.3	mmol/L	Fasting glucose	
1/22/18	07:00	6.7	mmol/L	Fasting glucose	
1/21/18	07:28	7.1	mmol/L	Fasting glucose	
1/20/18	07:29	7.2	mmol/L	Fasting glucose	
1/19/18	07:29	6.7	mmol/L	Fasting glucose	
1/18/18	08:02	7.2	mmol/L	Fasting glucose	
1/17/18	07:25	6.7	mmol/L	Fasting glucose	
1/16/18	07:10	6.7	mmol/L	Fasting glucose	
1/15/18	06:06	7.2	mmol/L	Fasting glucose	
1/14/18	06:00	6.1	mmol/L	Fasting glucose	
1/13/18	07:39	6.5	mmol/L	Fasting glucose	
1/12/18	07:00	6.7	mmol/L	Fasting glucose	
1/11/18	08:32	7.4	mmol/L	Fasting glucose	
1/10/18	07:48	5.7	mmol/L	Fasting glucose	

1/9/18	09:38	6.5	mmol/L	Fasting glucose	
1/8/18	08:00	6.4	mmol/L	Fasting glucose	
1/7/18	09:04	6.5	mmol/L	Fasting glucose	
1/6/18	08:15	5.9	mmol/L	Fasting glucose	
1/5/18	09:00	6.8	mmol/L	Fasting glucose	
1/4/18	07:00	8.5	mmol/L	Fasting glucose	
1/3/18	07:19	9.5	mmol/L	Fasting glucose	
1/1/18	07:00	9.3	mmol/L	Fasting glucose	
12/31/17	06:07	6.4	mmol/L	Fasting glucose	
12/30/17	04:52	7.1	mmol/L	Fasting glucose	
12/29/17	04:00	6.6	mmol/L	Fasting glucose	
12/28/17	06:03	5.8	mmol/L	Fasting glucose	
12/27/17	03:50	5.8	mmol/L	Fasting glucose	
12/26/17	05:46	6.8	mmol/L	Fasting glucose	
12/25/17	05:58	6.1	mmol/L	Fasting glucose	
12/24/17	06:00	6.2	mmol/L	Fasting glucose	
12/23/17	05:58	6.9	mmol/L	Fasting glucose	
12/21/17	07:06	7.3	mmol/L	Fasting glucose	
12/20/17	05:56	5.6	mmol/L	Fasting glucose	
12/19/17	07:38	7.8	mmol/L	Fasting glucose	
12/18/17	08:40	8.6	mmol/L	Fasting glucose	
12/17/17	09:00	6.5	mmol/L	Fasting glucose	
12/16/17	08:15	7.1	mmol/L	Fasting glucose	
12/15/17	08:00	7.3	mmol/L	Fasting glucose	
12/14/17	06:03	6.7	mmol/L	Fasting glucose	
12/13/17	06:04	7	mmol/L	Fasting glucose	
12/12/17	06:00	6	mmol/L	Fasting glucose	
12/11/17	06:33	8.1	mmol/L	Fasting glucose	
12/10/17	04:30	6.3	mmol/L	Fasting glucose	
12/9/17	06:03	6.7	mmol/L	Fasting glucose	
12/8/17	07:11	5.9	mmol/L	Fasting glucose	