

# Snapshot

Dec 14, 2015 - Dec 20, 2015 (7 days)



## Notes

Pre-meal BG's are within target 9% of time (1 out of 11). For more information, see the Meal Event Averages Report.

Post-meal BG's are within target 25% of time (1 out of 4). For more information, see the Meal Event Averages Report.

BG standard deviation may not be the best indicator of glycemic control because the average is outside the range of 6.1-10.0 mmol/L.\*

100% BG values above target range (5.5 - 10.0 mmol/L) in Morning.\*

100% BG values above target range (5.5 - 10.0 mmol/L) in Midday.\*

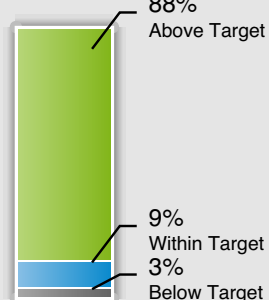
80% BG values above target range (5.5 - 10.0 mmol/L) in Evening.\*

\*See Owner's Booklet for reference

## Glucose (mmol/L)

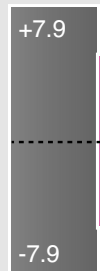
### Selected Reporting Period

#### Tests



#### Standard Deviation

Target\*\*

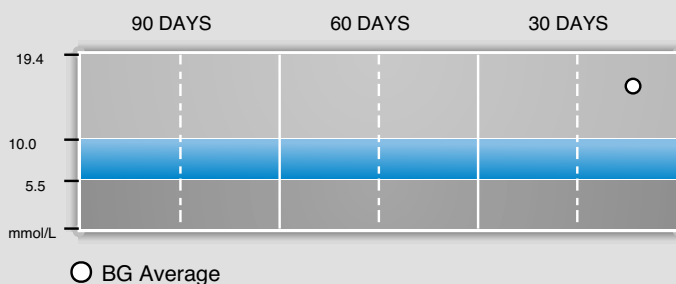


15.9 Average

Average	15.9 mmol/L
High	27.2 mmol/L
Low	4.6 mmol/L
Standard Deviation	5.1
Total Tests	34
Avg. Tests/Day	4.9
Days without tests	0
Hypo Events	0

Target Range: 5.5 - 10.0 mmol/L \*\* Target Standard Deviation < (Average/2) Hypo Threshold: 3.8 mmol/L

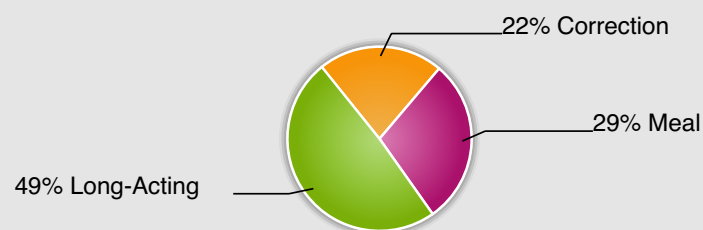
### TRENDS (Last 90 days)



	30 DAYS	90 DAYS
Average	15.9	15.9
High	27.2	27.2
Low	4.6	4.6
Standard Deviation	5.1	5.1
Total Tests	34	34
Avg. Tests/Day	4.9	4.9
Days without tests	23	83
Hypo Events	0	0

## Insulin and Carbohydrates

### Selected Reporting Period



#### AVERAGE DAILY TOTALS

Total Daily Dose	39.4 units
Meal Insulin	13.3 U/day
Correction Insulin	12.0 U/day
Long - Acting Insulin	19.4 U/day
Carbohydrates	116 g/day

# Modal Day

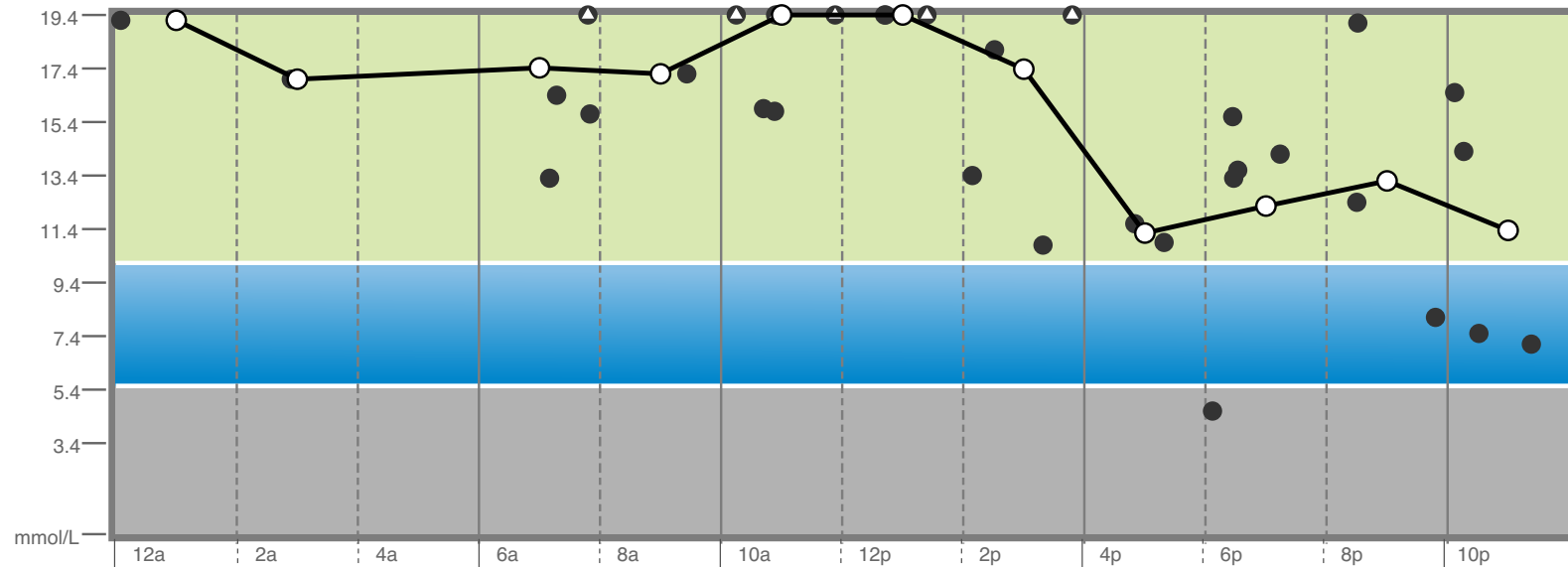
Dec 14, 2015 - Dec 20, 2015 (7 days)



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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192



			Night			Morning		Midday			Evening			Night
Glucose (mmol/L)			PERIOD AVERAGE											
Average	15.9		19.2	17.0	—	17.4	17.2	19.6	20.5	17.4	11.3	12.3	13.2	11.4
High	27.2		19.2	17.0	—	24.3	17.2	22.2	21.1	27.2	11.6	15.6	19.1	16.5
Low	4.6		19.2	17.0	—	13.3	17.2	15.8	19.4	10.8	10.9	4.6	8.1	7.1
Standard Deviation	5.1		—	—	—	4.1	—	2.7	0.8	6.2	0.4	3.9	4.5	4.1
Avg. No. Tests	4.9		0.1	0.1	—	0.6	0.1	0.9	0.4	0.6	0.3	0.7	0.4	0.6
Carbs (g)	AVG. DAILY		PERIOD AVERAGE											
	116		26			21		45			56			26
Insulin (units)	AVG. DAILY		PERIOD AVERAGE											
Long - Acting	19.4	49%	14.0			—		14.0			12.0			14.0
Meal	13.3	29%	3.0			3.0		5.0			6.5			3.0
Correction	12.0	22%	4.0			4.3		5.3			2.3			4.0
Avg Total	39.4		12.3			5.0		9.8			8.8			12.3
Settings														
Insulin Ratio (units:g)			1:8			1:8		1:8			1:8			1:8
Target BG(mmol/L)			6.0-10.0			6.0-10.0		6.0-10.0			6.0-10.0			6.0-10.0
Correction Factor (mmol/L)			3.0			3.0		3.0			3.0			3.0

LEGEND:  Target Range (5.5-10.0 mmol/L)

Period Average BG

Above Target

BG Result(mmol/L)

Below Target

BG Result above 19.4 mmol/L

# Logbook

Dec 14, 2015 - Dec 20, 2015 (7 days)



12a 1a 2a 3a 4a 5a 6a 7a 8a 9a 10a 11a 12p 1p 2p 3p 4p 5p 6p 7p 8p 9p 10p 11p 12a

Monday, December 14, 2015																								Daily Totals	
Glucose (mmol/L)														20.9					4.6			8.1		Average (3)	11.2
Carbs (g)														80					60					Carbs (g)	140
Insulin (units)																								Insulin (units)	
Meal														8.0					5.0					Meal	13.0
Correction														7.0										Correction	7.0
Long-Acting																	12.0					12.0		Long-Acting	24.0
Notes																									
Tuesday, December 15, 2015																								Daily Totals	
Glucose (mmol/L)							16.4			15.8					27.2			15.6		12.4		16.5		Average (6)	17.3
Carbs (g)																		46				26		Carbs (g)	72
Insulin (units)																								Insulin (units)	
Meal																		5.0				3.0		Meal	8.0
Correction							5.0			4.0					10.0							4.0		Correction	23.0
Long-Acting																						14.0		Long-Acting	14.0
Notes																									

LEGEND:

■ Above Target

■ Below Target

► Notes

\* Additional notes in meter

A maximum of 5 entries per hour are displayed. There may be more results in the meter.

# Logbook

Dec 14, 2015 - Dec 20, 2015 (7 days)



12a 1a 2a 3a 4a 5a 6a 7a 8a 9a 10a 11a 12p 1p 2p 3p 4p 5p 6p 7p 8p 9p 10p 11p 12a

Wednesday, December 16, 2015																								Daily Totals	
Glucose (mmol/L)							15.7			15.9		21.1				11.6		13.3				7.5	7.1	Average (7)	13.2
Carbs (g)										20		87						48						Carbs (g)	155
Insulin (units)																								Insulin (units)	
Meal										2.0		9.0						6.0						Meal	17.0
Correction							4.0			3.0		4.0						2.0						Correction	13.0
Long-Acting																						14.0		Long-Acting	14.0
Notes																									
Thursday, December 17, 2015																								Daily Totals	
Glucose (mmol/L)							13.3		17.2	22.2		19.4										19.1		Average (5)	18.2
Carbs (g)									21	32		35										46		Carbs (g)	134
Insulin (units)																								Insulin (units)	
Meal									3.0	4.0		4.0										6.0		Meal	17.0
Correction									3.0													3.0		Correction	6.0
Long-Acting										14.0														Long-Acting	14.0
Notes																									

LEGEND:

■ Above Target

■ Below Target

► Notes

\* Additional notes in meter

A maximum of 5 entries per hour are displayed. There may be more results in the meter.

# Logbook

Dec 14, 2015 - Dec 20, 2015 (7 days)



12a 1a 2a 3a 4a 5a 6a 7a 8a 9a 10a 11a 12p 1p 2p 3p 4p 5p 6p 7p 8p 9p 10p 11p 12a

Friday, December 18, 2015																								Daily Totals	
Glucose (mmol/L)	19.2						24.3				19.9						13.6	14.2						Average (5)	18.2
Carbs (g)											51							60						Carbs (g)	111
Insulin (units)											6.0							8.0						Insulin (units)	
Meal																								Meal	14.0
Correction							5.0				4.0							2.0						Correction	11.0
Long-Acting	14.0										14.0													Long-Acting	28.0
Notes																									
Saturday, December 19, 2015																								Daily Totals	
Glucose (mmol/L)			17.0								22.2													Average (3)	19.1
Insulin (units)																								Insulin (units)	
Long-Acting																14.0								Long-Acting	14.0
Notes																									

LEGEND:

■ Above Target

■ Below Target

► Notes

\* Additional notes in meter

A maximum of 5 entries per hour are displayed. There may be more results in the meter.

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DATE: 20/12/2015

FreeStyle InsulinX

METER:

Meter Serial: JAMV209-U1192

# Logbook

Dec 14, 2015 - Dec 20, 2015 (7 days)



12a 1a 2a 3a 4a 5a 6a 7a 8a 9a 10a 11a 12p 1p 2p 3p 4p 5p 6p 7p 8p 9p 10p 11p 12a

Sunday, December 20, 2015																							Daily Totals	
Glucose (mmol/L)										21.5				13.4	10.8		10.9					14.3	Average (5)	14.2
Carbs (g)															12		74						Carbs (g)	86
Insulin (units)																							Insulin (units)	
Meal															2.0		9.0						Meal	11.0
Correction																							Correction	0.0
Long-Acting										28.0													Long-Acting	28.0
Notes																								

LEGEND:

  Above Target

  Below Target

▶ Notes

\* Additional notes in meter

A maximum of 5 entries per hour are displayed. There may be more results in the meter.

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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192

# Daily Statistics

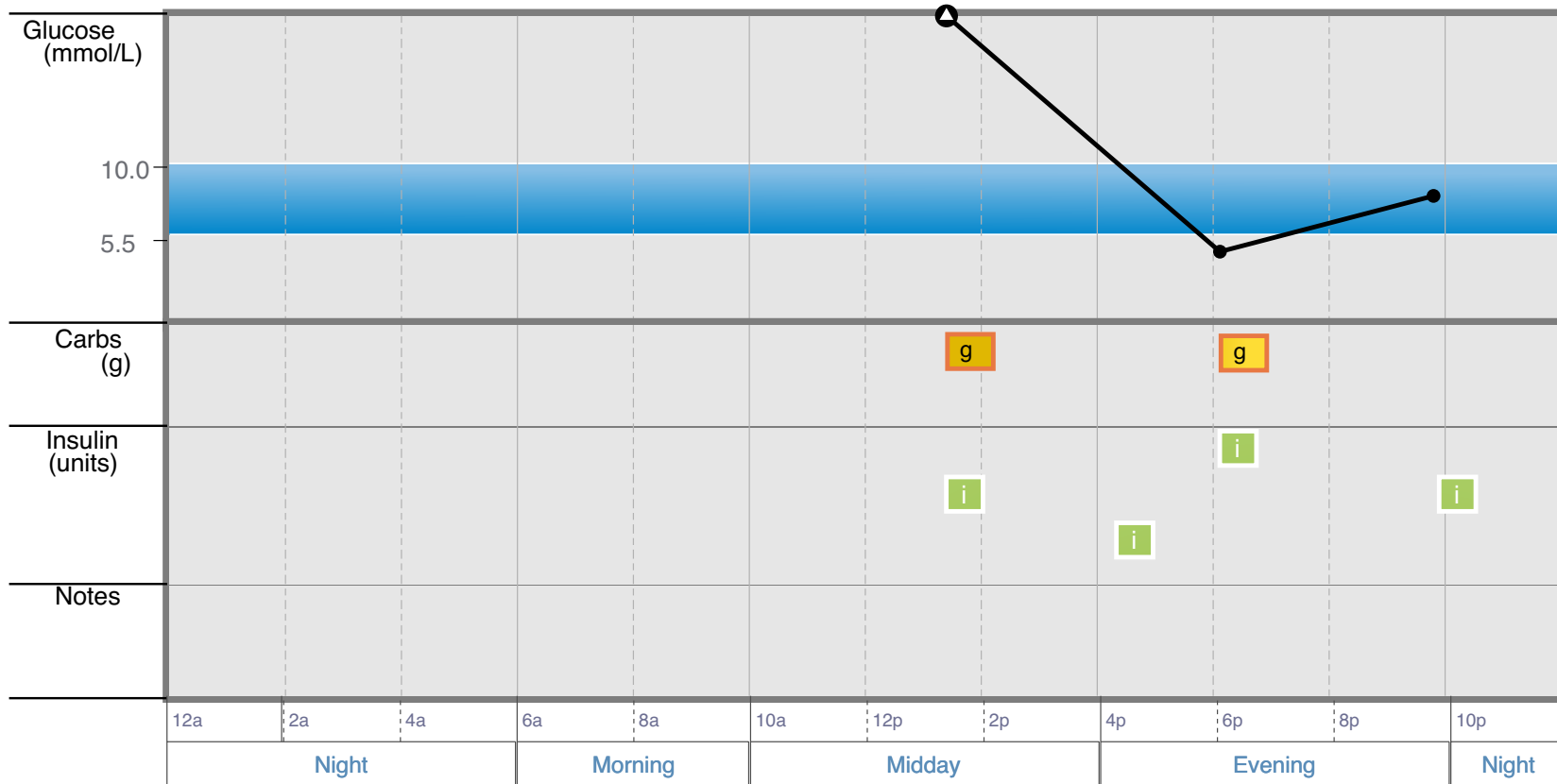
Dec 14, 2015



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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192



Time	1:24p	1:25p	4:21p	6:07p	6:08p	9:48p	9:55p	Daily Totals	
Glucose (mmol/L)	20.9			4.6		8.1		Average (3)	11.2
Carbs (g)		80			60			Carbs (g)	140
Insulin (units)								Insulin (units)	
Meal		8.0			5.0			Meal	13.0
Correction		7.0						Correction	7.0
Long-Acting			12.0				12.0	Long-Acting	24.0
User Change								User Change	
Notes								Notes	

## LEGEND:

Target Range: 5.5 - 10.0 mmol/L

BG Result (mmol/L)

BG Result above 19.4 mmol/L

Insulin Delivery

Carb intake (g)

Notes

# Daily Statistics

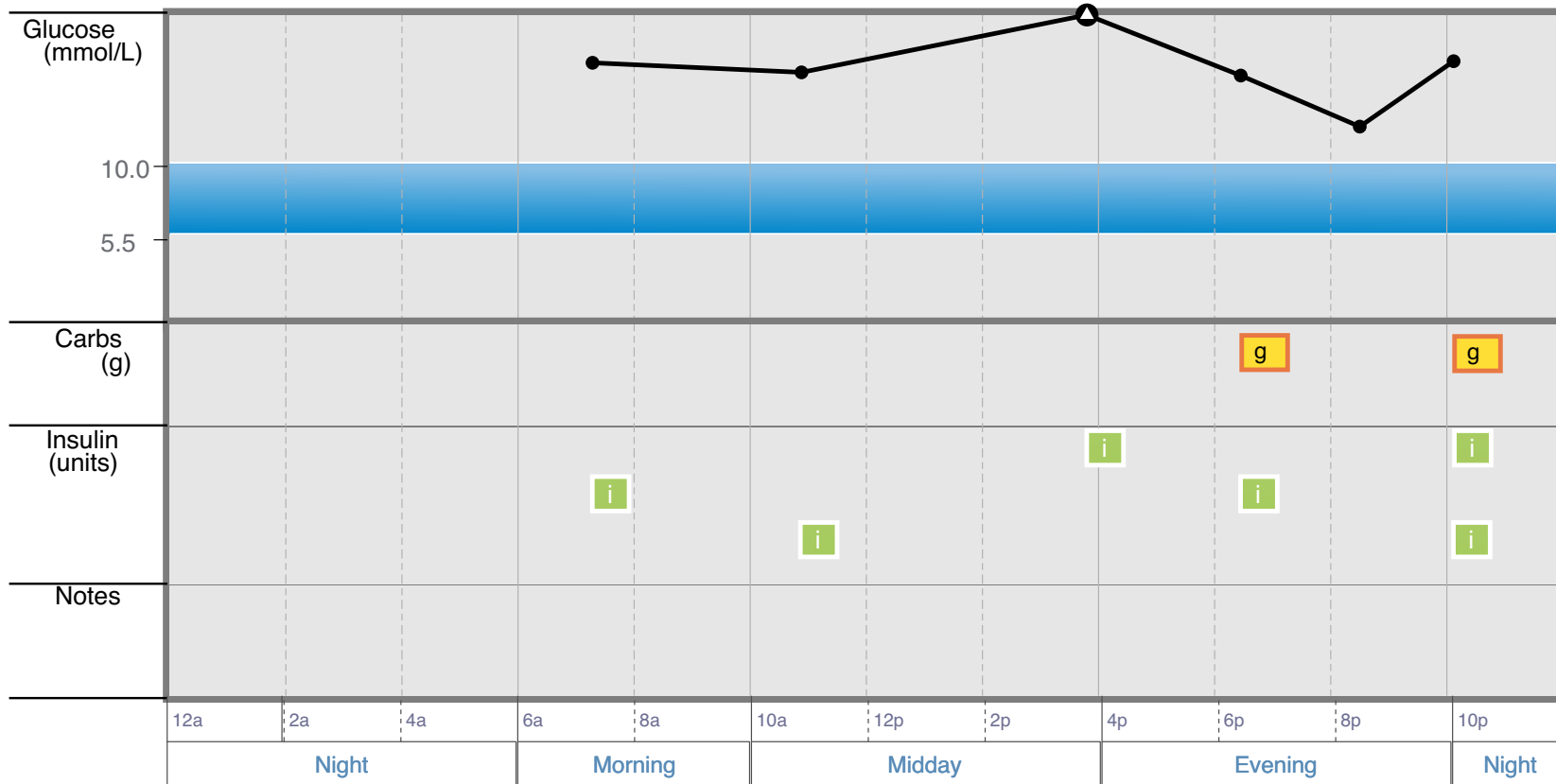
Dec 15, 2015



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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192



Time	7:17a	7:18a	10:53a	3:48p	3:49p	6:27p	6:28p	8:30p	10:07p	10:08p
Glucose (mmol/L)	16.4		15.8	27.2		15.6		12.4	16.5	
Carbs (g)							46			26
Insulin (units)										
Meal							5.0			3.0
Correction		5.0	4.0		10.0					4.0
Long-Acting										
User Change										
Notes										

LEGEND:

- Target Range: 5.5 - 10.0 mmol/L
- BG Result(mmol/L)
- BG Result above 19.4 mmol/L
- Insulin Delivery
- Carb intake (g)
- Notes



# Daily Statistics

Dec 15, 2015



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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192

Time	10:09p	Daily Totals	
Glucose (mmol/L)		Average (6)	17.3
Carbs (g)		Carbs (g)	72
Insulin (units)		Insulin (units)	
Meal		Meal	8.0
Correction		Correction	23.0
Long-Acting	14.0	Long-Acting	14.0
User Change		User Change	
Notes		Notes	


## LEGEND:

 Target Range: 5.5 - 10.0 mmol/L

 Insulin Delivery

 BG Result(mmol/L)

 Carb intake (g)

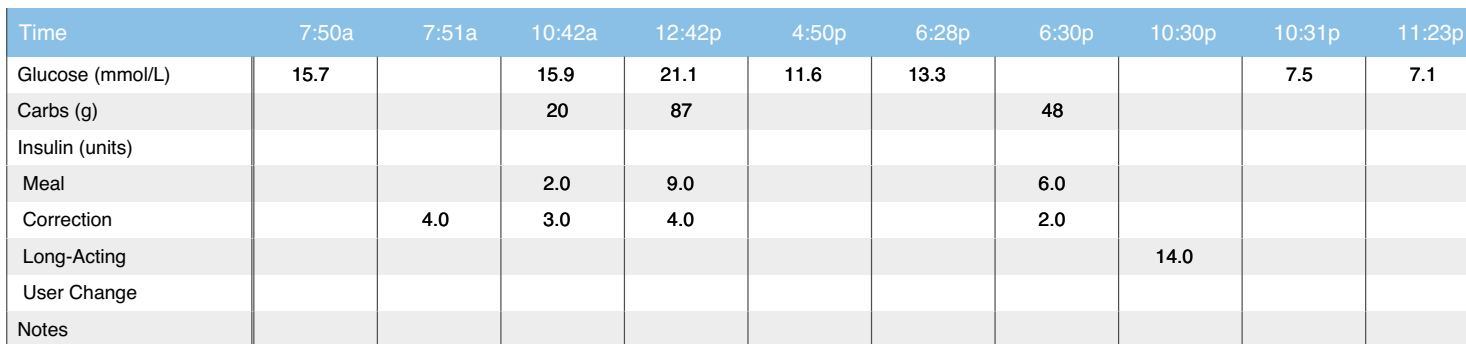
 BG Result above 19.4 mmol/L

 Notes

## Dec 16, 2015



Meter Serial: JAMV209-U1192



LEGEND:

■ Target Range: 5.5 - 10.0 mmol/L

**i** Insulin Delivery

● BG Result(mmol/L)

**g** Carb intake (g)

▲ BG Result above 19.4 mmol/L

► Notes

# Daily Statistics

Dec 16, 2015



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DATE: 20/12/2015

METER: FreeStyle InsulinLinx

Meter Serial: JAMV209-U1192

Time		Daily Totals	
Glucose (mmol/L)		Average (7)	13.2
Carbs (g)		Carbs (g)	155
Insulin (units)		Insulin (units)	
Meal		Meal	17.0
Correction		Correction	13.0
Long-Acting		Long-Acting	14.0
User Change		User Change	
Notes		Notes	


## LEGEND:

 Target Range: 5.5 - 10.0 mmol/L

 Insulin Delivery

 BG Result(mmol/L)

 Carb intake (g)

 BG Result above 19.4 mmol/L

 Notes

# Daily Statistics

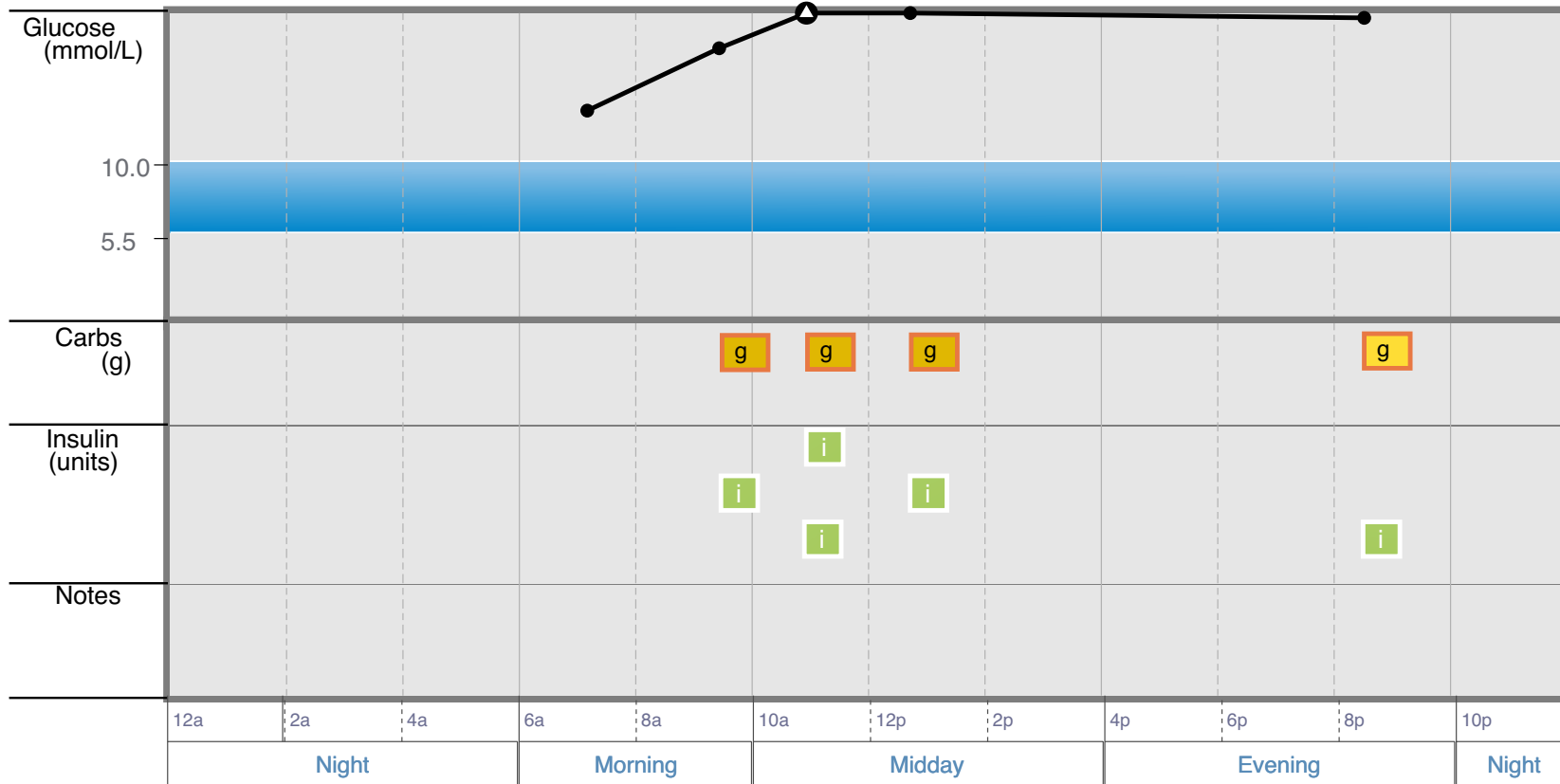
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DATE: 20/12/2015

METER: FreeStyle InsulinLinx

Meter Serial: JAMV209-U1192



Time	7:10a	9:26a	9:29a	10:55a	10:56a	10:57a	12:43p	12:44p	8:31p
Glucose (mmol/L)	13.3	17.2			22.2		19.4		19.1
Carbs (g)			21			32		35	46
Insulin (units)									
Meal			3.0			4.0		4.0	6.0
Correction			3.0						3.0
Long-Acting				14.0					
User Change									
Notes									

LEGEND:

- Target Range: 5.5 - 10.0 mmol/L
- BG Result(mmol/L)
- BG Result above 19.4 mmol/L
- Insulin Delivery
- Carb intake (g)
- Notes

# Daily Statistics

Dec 17, 2015



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DATE: 20/12/2015

FreeStyle InsulinLinx

METER:

Meter Serial: JAMV209-U1192

Time		Daily Totals	
Glucose (mmol/L)		Average (5)	18.2
Carbs (g)		Carbs (g)	134
Insulin (units)		Insulin (units)	
Meal		Meal	17.0
Correction		Correction	6.0
Long-Acting		Long-Acting	14.0
User Change		User Change	
Notes		Notes	


## LEGEND:

 Target Range: 5.5 - 10.0 mmol/L

 Insulin Delivery

 BG Result(mmol/L)

 Carb intake (g)

 BG Result above 19.4 mmol/L

 Notes

# Daily Statistics

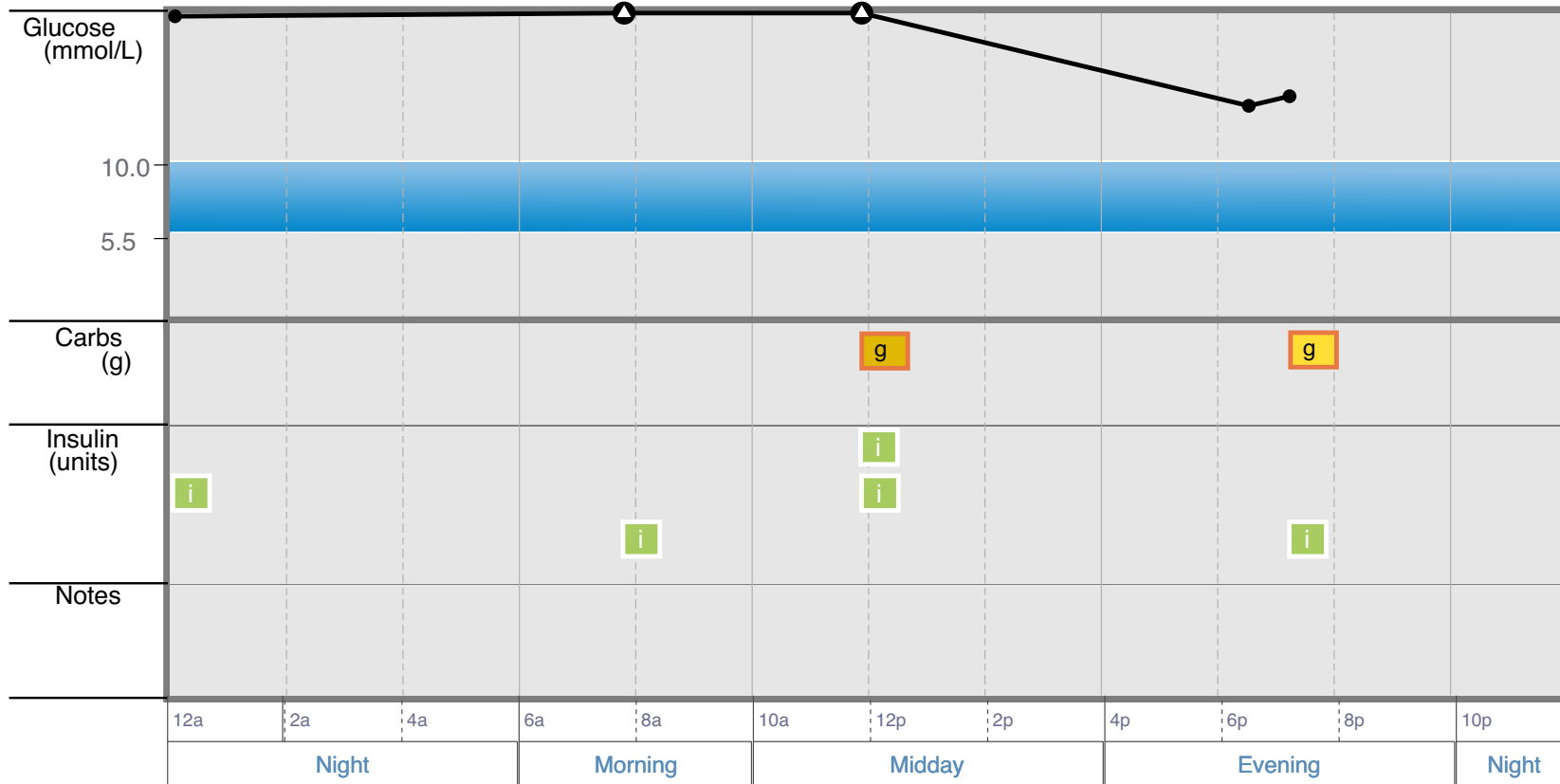
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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192



Time	12:04a	12:05a	7:48a	11:53a	11:54a	6:32p	7:14p	7:15p
Glucose (mmol/L)		19.2	24.3	19.9		13.6	14.2	
Carbs (g)				51				60
Insulin (units)								
Meal				6.0				8.0
Correction			5.0	4.0				2.0
Long-Acting	14.0				14.0			
User Change								
Notes								

LEGEND:

- Target Range: 5.5 - 10.0 mmol/L
- BG Result (mmol/L)
- BG Result above 19.4 mmol/L
- Insulin Delivery
- Carb intake (g)
- Notes

# Daily Statistics

Dec 18, 2015



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DATE: 20/12/2015

FreeStyle InsulinLinx

METER:

Meter Serial: JAMV209-U1192

Time		Daily Totals	
Glucose (mmol/L)		Average (5)	18.2
Carbs (g)		Carbs (g)	111
Insulin (units)		Insulin (units)	
Meal		Meal	14.0
Correction		Correction	11.0
Long-Acting		Long-Acting	28.0
User Change		User Change	
Notes		Notes	


## LEGEND:

 Target Range: 5.5 - 10.0 mmol/L

 Insulin Delivery

 BG Result(mmol/L)

 Carb intake (g)

 BG Result above 19.4 mmol/L

 Notes

# Daily Statistics

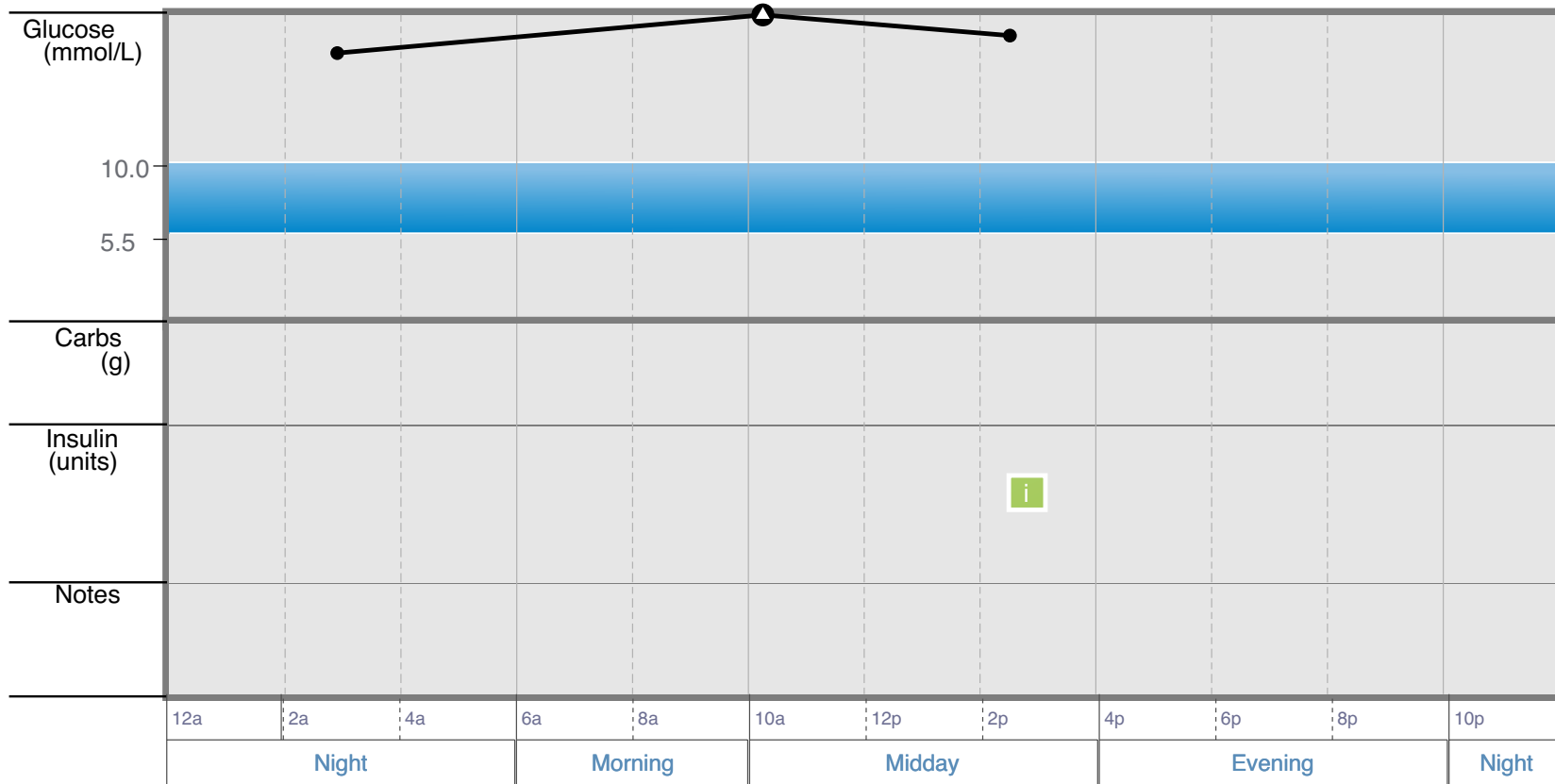
Dec 19, 2015



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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192



Time	2:54a	10:15a	2:31p	Daily Totals	
Glucose (mmol/L)	17.0	22.2	18.1	Average (3)	19.1
Carbs (g)				Carbs (g)	
Insulin (units)				Insulin (units)	
Meal				Meal	
Correction				Correction	
Long-Acting			14.0	Long-Acting	14.0
User Change				User Change	
Notes				Notes	

## LEGEND:

Target Range: 5.5 - 10.0 mmol/L

i Insulin Delivery

BG Result(mmol/L)

g Carb intake (g)

BG Result above 19.4 mmol/L

▶ Notes



# Daily Statistics

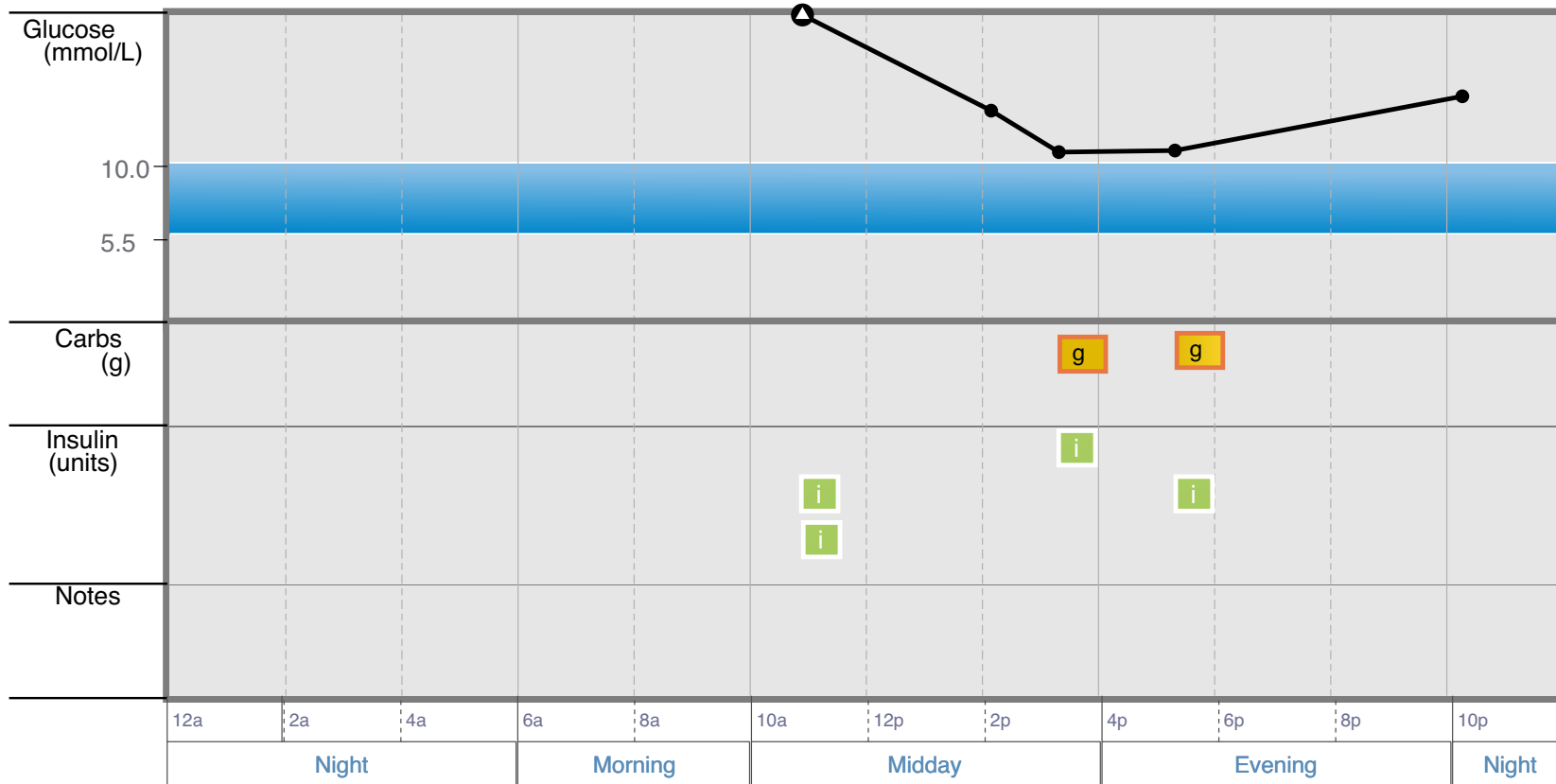
Dec 20, 2015



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DATE: 20/12/2015

METER: FreeStyle InsulinX

Meter Serial: JAMV209-U1192



Time	10:54a	10:56a	2:09p	3:19p	3:20p	5:19p	5:21p	10:16p
Glucose (mmol/L)	21.5		13.4	10.8		10.9		14.3
Carbs (g)					12		74	
Insulin (units)								
Meal					2.0		9.0	
Correction								
Long-Acting	14.0	14.0						
User Change								
Notes								

LEGEND:

- Target Range: 5.5 - 10.0 mmol/L
- BG Result (mmol/L)
- BG Result above 19.4 mmol/L
- Insulin Delivery
- Carb intake (g)
- Notes

# Daily Statistics

Dec 20, 2015



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DATE: 20/12/2015

FreeStyle InsulinLinx

METER:

Meter Serial: JAMV209-U1192

Time		Daily Totals	
Glucose (mmol/L)		Average (5)	14.2
Carbs (g)		Carbs (g)	86
Insulin (units)		Insulin (units)	
Meal		Meal	11.0
Correction		Correction	
Long-Acting		Long-Acting	28.0
User Change		User Change	
Notes		Notes	


## LEGEND:

 Target Range: 5.5 - 10.0 mmol/L

 Insulin Delivery

 BG Result(mmol/L)

 Carb intake (g)

 BG Result above 19.4 mmol/L

 Notes

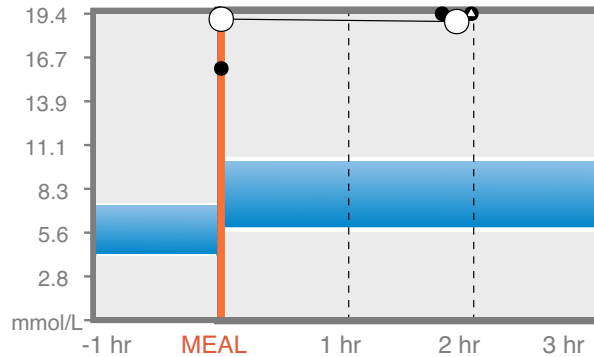
# Meal Event Averages

Dec 14, 2015 - Dec 20, 2015 (7 days)



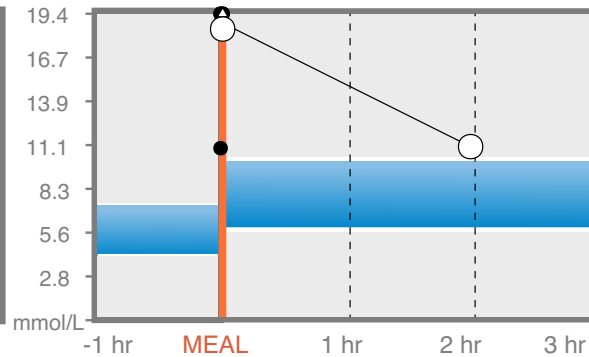
## Morning Meals

5am - 11am



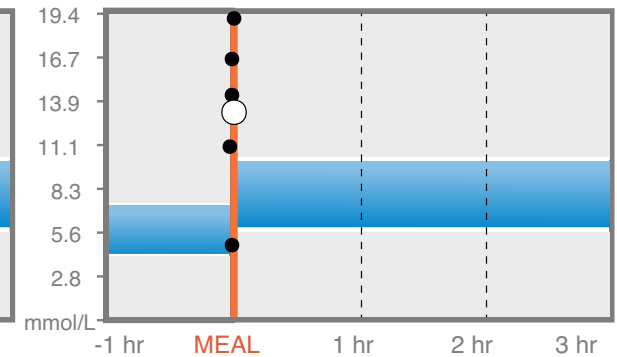
## Midday Meals

11am - 5pm



## Evening Meals

5pm - 11pm



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DATE: 20/12/2015

METER: FreeStyle InsulinX

	Before Meal				After Meal (mmol/L)		
	mmol/L	g	Insulin (units)		1 hr	2 hr	3 hr
			Meal	Correction			
Mon Dec 14	—	—	—	—	—	—	—
Tue Dec 15	—	—	—	—	—	—	—
Wed Dec 16	15.9	20	2.0	3.0	—	21.1	—
Thu Dec 17	22.2	32	4.0	—	—	19.4	—
Fri Dec 18	—	—	—	—	—	—	—
Sat Dec 19	—	—	—	—	—	—	—
Sun Dec 20	—	—	—	—	—	—	—
Average	19.0	26	3.0	3.0	20.3		

	Before Meal				After Meal (mmol/L)		
	mmol/L	g	Insulin (units)		1 hr	2 hr	3 hr
			Meal	Correction			
	20.9	80	8.0	7.0	—	—	—
	—	—	—	—	—	—	—
	21.1	87	9.0	4.0	—	—	—
	19.4	35	4.0	—	—	—	—
	19.9	51	6.0	4.0	—	—	—
	—	—	—	—	—	—	—
	10.8	12	2.0	—	—	10.9	—
	18.4	53	5.8	5.0	10.9		

	Before Meal				After Meal (mmol/L)		
	mmol/L	g	Insulin (units)		1 hr	2 hr	3 hr
			Meal	Correction			
	4.6	60	5.0	—	—	—	—
	16.5	26	3.0	4.0	—	—	—
	13.3	48	6.0	2.0	—	—	—
	19.1	46	6.0	3.0	—	—	—
	14.2	60	8.0	2.0	—	—	—
	—	—	—	—	—	—	—
	10.9	74	9.0	—	—	—	—
	13.1	52	6.2	2.8	—		

Meter Serial: JAMV209-U1192

### LEGEND:

- Before Meal: 3.9 - 7.2 mmol/L
- After Meal: 5.6 - 10.0 mmol/L
- Average BG

- Above target range
- Below target range
- BG Result

▲ BG Result above 19.4 mmol/L